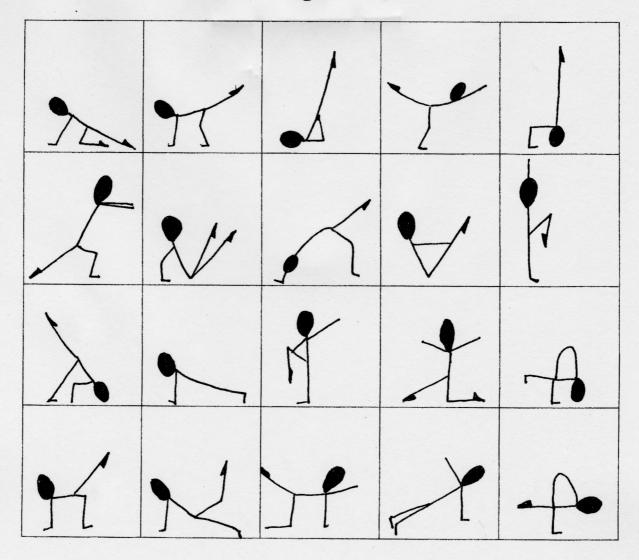
## **Matching Balances**



## Directions:

- 1. Try out these balances.
- 2. Try out these balances with a partner. Be sure to change where you place your body in relationship to your partners. Try:
  - Side by side
  - · One behind the other
  - · Facing one another
- 3. Explore other balances that YOU create