**Ball Scramble**

**Ball Collection Game 1**

**Objective**:  Students will work in a team and get exercise while trying to collect as many lettered balls as they can.

**Materials**:

Hula hoops and lettered balls

**The Plan**:

This game is played with 3 or more teams that are even in size.  The teams all begin standing behind hula hoops that are spread out equidistant from another hula hoop that is in the middle filled with a bunch of lettered balls.  The team should be back at least 10 yards from the center hula hoop.

* Divide everyone into teams and get them seated behind their hoops.
* When the game begins one person from each team can run into the middle hula hoop and steal one ball which they will take back and place in their team hula hoop.
* Once they place the ball in their hula hoop the next player on their team runs out to steal a ball from the middle hula hoop.
* Once all of the balls from the middle have been stolen then the teams begin stealing from the other teams’ hula hoops.
* Nobody can defend or protect their team’s  balls.
* The BALL SCRAMBLE  lasts for about 4 minutes until the leader blows a whistle and announces that the scramble is over.
* The teams will then use those lettered balls to play SMARTOPOTAMUS BRAIN BUILDER.

**Variations:**

* Spread out the hula hoops to make everyone run farther.
* Allow people to steal one ball with each hand.
* Make people hop when they have a ball in their possession.
* Make the teams be only 2 or 3 people.

**Good Introduction:**

“Has anyone ever run a marathon?  Do you know how far a marathon is?  It’s 26.2 miles and when you finish you are exhausted.  Today you aren’t going to run a full marathon but you are going to run much faster for a much shorter distance.  The teams that refuse to quit are going to end up with the most lettered balls at the end of the scramble.”

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