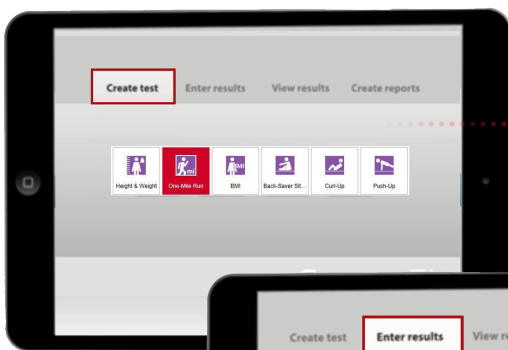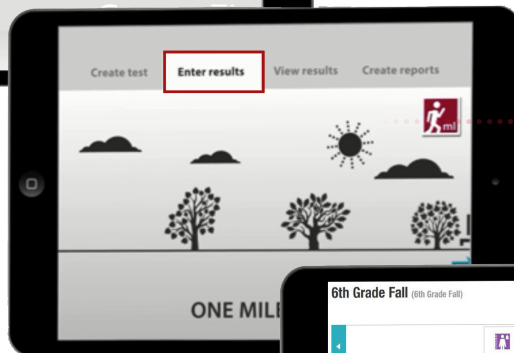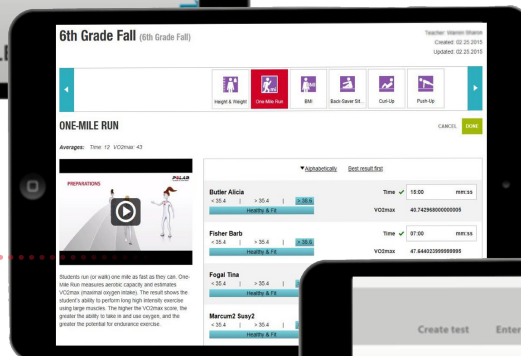# Polar GoFit Fitness Assessment

- Create custom fitness test templates based on your needs. Choose from over 13 criterion referenced tests.

- Share how-to videos for each test with your students.

- Enter student results directly to polargofit.com web service or on any web enabled device.

- View student scores compared to age and gender specific standards.

- Run student reports with current and previous test results that provides feedback and tips on how to improve.

- Student and parent access to scores and feedback through their personalized login and password.
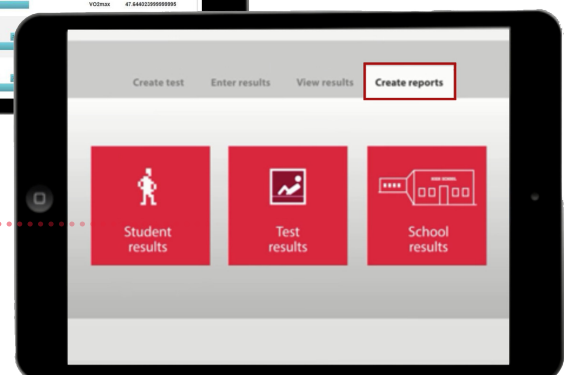
Create Fitness Tests

Enter Results

View Results

Create Reports

Learn more:
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