



## FREE 30 DAY TRIAL POLARGOFIT.COM

**Easily view, analyze and evaluate your students' physical activity online. Motivate them to live a healthy lifestyle. Give them lessons they will remember-lessons for life.**

polargofit.com is a web service for teachers and students to follow physical activity and heart rate in and outside of PE classes. During the trial, access the demo account that's been populated with data or to get the best experience, collect your own class data for either activity or heart rate courses. To collect your own data, you just need to purchase Polar Active activity monitors with a FlowLink for activity courses or Polar H7 Bluetooth Smart heart rate sensors to collect live heart rate data. If you purchase polargofit.com during your free trial, all of your trial data will be stored.

**It's easy — just follow the steps below and you will be started in no time.**

1. Type this URL into your web browser: [www.polargofit.com/demoAccount.ftl](http://www.polargofit.com/demoAccount.ftl)
2. Enter your contact & school's contact information and click save
3. A 6 digit code will appear on your screen that you will have to retype (*confirmation code is for security purposes only*)
4. Shortly after, you will receive an email with a link to create a password
5. After creating your password, log in to the web service with your email and password at [www.polargofit.com](http://www.polargofit.com)
6. After you accept the terms and conditions, you will have access to the polargofit.com free trial offer for thirty (30) days

**Our goal is to help you encourage your students to lead a healthier lifestyle. For additional information or questions contact a Polar representative today:**

**Lisa Rothstein / 310-746-6693 / [lisa.rothstein@polar.com](mailto:lisa.rothstein@polar.com)**